

SA – 8/2009

Chaos!

Bulk of thinking is structured ordering of thoughts

Increased order

Creative structuring of thoughts

Equilibrium

Dirty Power

Clean Power

# Dynamics of Mind

Scriptures & Sciences



Family of Jesus Christ Web Ministries

## 1.0 Introduction

Dynamics is the characteristic state(s) of a system or its sub-systems. It is the time dependent nature or condition of the system, associated with deterministic or non-deterministic characters. A system can be defined as the one that has got output to input relation (causal or fundamental relation); simply we may call it as transfer function. Each character of a dynamic system is distinctive and closely related to an excited state (Eigen state: *Spiritual Ecstasy* or *Fantasy*). Human (Man or Woman) is a dynamic system, which has got two major and various minor built-in sub-systems within it. The major ones are *physical* and *spiritual*; the topic of discussion is about one of the sub-systems 'Mind', which is classified under spiritual.

**Mind** is a spiritual member; it is closely associated with **heart**, a physical member and the other spiritual members such as **soul** and **spirit of life**. The spirit of life dwells in the heart of human, where the dynamic signals (*commands in the form of thoughts*) are generated to make the human operational. The character (output) to a thought (input) brings the relation (transfer function) between soul and mind.

Indeed a careful examination would reveal that unless our mind and soul are in good conditions, we will be in an unstable state. This is a spiritual problem.

### WHY?

The smart generation of 21<sup>st</sup> century may argue that it is unnecessary and unwarranted issue because they have no time to think about God and His Kingdom; pleasure has been driving our societies towards destruction. **The majority has been already convinced, and believes that one day everybody will anyhow face death, so what is special in it.** *However the truth is that there is a life challenging issue hidden in every human system; human life (Soul) is not perishable but eternal.*

The physical body is just a cover of this eternal life; the cover is made up of earthly substances, which would go back to its source for the conservation of mass, according to the God set principle for the planet earth (**GENESIS 3:19**). But, where do we (Souls) go after completing all our dreamful and cheerful life on this world. It is a simple question for those who believe Christ Jesus as the Son of God; but an unsolvable one for those

who do not believe Him. Why? **Human mind** receives information from two external spiritual sources; the righteous source is Jesus Christ, the trust worthy Son of God, who save our souls and the wicked one is Satan, a human blood drinker and the soul destroyer. Accordingly the human system gets tuned to go forward to build its life on this planet earth. **The source to which a human is connected, finally decides its destination.**

Mind is the gateway for information to enter into human's logical system; it therefore plays a pivotal role in human life. Freewill of mind is the controller of thought life.

Therefore, this article makes an attempt to systematically explain, the functionality of mind and its dynamics, so that the readers will be blessed with confidence to accept a good friend: Jesus Christ and reject a bad enemy: Satan in their wonderful thought life.

## 2.0 Dynamics of Mind

When we say the dynamics of a system, kindly understand that there are lots of excited states (*Eigen states*: either spiritual during worship or physical i.e. worldly) associated with it. The human system is created with two kinds of seeds, namely physical and spiritual; therefore we have got excited states for both.

- **Physical seed**: will form the flesh (earthly parents' reproductive cells will form the *Zygote*, which grows to form the physical body; **GENESIS 4:1**)
- **Spiritual seed**: will create the life in *Zygote* (heavenly father will bless every *Zygote* with the spirit of life; **JOB 33:4**)

However, we must appreciate here that a physical excitation will lead to a physical activity; and a spiritual excitation will lead to a spiritual activity. The controller is mind for such activities. We have an explanation from Sciences that our brain develops and stores the necessary commands for the body to function; of course, it is acceptable; but the brain is just a hard disk, which stores the spiritually built operational commands. On the other hand, the mind is the builder of operating system (OS), which has a logical element called '*freewill*', capable of developing the required operational commands (for image processing and recognizing purposes) and the heart is the mother board; ears are the sound cards; eyes are the graphics cards; nerves system is the RAM; soul is the compiler (develops feelings); spirit is the memory (ROM). We are discussing about the dynamics of human OS here.

God has blessed every human with a self upgradeable OS (mind), so that there is no need for him to take any help from a fellow human (specialist not required).

### HOW DO WE UNDERSTAND THIS LOGIC?

Let us say, we are visiting a new place; at the very first instant, everything there may look strange to us; because our brain has no information about that place or things, or peoples or environment. At this stage our mind will start developing the following:

- Have excited feelings after reading new things (brain is not reading the information)
- Worry about survivability
- Observe and assess the people
- Plan to handle situation/eventuality

New information may start flooding into the mind and a heavy traffic of information will cause the mind to have fatigue. After some days, the mind would feel that the things that were so excited once are just normal; the people who were strangers may look very acceptable. This is what this article means *up-gradation by self*. Therefore, God given ability of reading new information and upgrading the OS is a dynamic phenomenon. Some time the new information may be a disturbance or useful; it depends who and what the mind reads. **The processed information will be stored in our brain for us to remember and the same is written in the spirit of life for the creator to judge.**

### *2.1 Reading information*

Mind reads external information, which may be physical or spiritual. Mostly, the mind attempts to read physical information of people or materials; the reason for this is due to its sinful and corruptive nature.

### WHY DO WE SAY THAT OUR MIND IS CORRUPTED?

- Man has the ability (potential) to read both good and bad information; as well as he learns to develop and process good and bad information, which is a *Self centered life*.
- Man has no knowledge about true God and His principles naturally, which is a *God centered life*. God has to reveal this to someone (man/woman).

- The true God is spiritual and His blessings to the humans are peace, joy and happiness to have excited spiritual states (Spiritual ecstasy/emotion).
- The spiritual states are focused on discussion (bible study), praise (songs) and worship (prayer) to God Almighty in Spirit; and since this worship demands closing of our eyes, no physical information is needed.
- When man and woman started reading each other's nudity they became sinners (**GENESIS 3:7**). Being nude is not sinful; but reading and feeling oneself or some body's nudity are sinful acts.
- Stability of mind depends on what information the mind reads and it processes.
- Any new information causes uncertainty in the mind initially. Repeated reading brings comfort but comfort does not guarantee purity or righteousness.
- Controlled or uncontrolled thinking are possible based on the information that is read in the mind; thus the thought life becomes highly volatile because mind has the potential to get corrupted.

The Scripture says:

*Therefore we know no one after the flesh from now on. Even though we have known Christ after the flesh, yet now we know Him so no more, **II CORINTHIANS 5:16**.*

St Paul wrote to Corinthians better not to read physically anything; because physical information is flesh related. He also advised Galatians as follows:

*'But I say, walk by the Spirit, and you won't fulfill the lust of the flesh. For the flesh lusts against the Spirit, and the Spirit against the flesh; and these are contrary to one another, that you may not do the things that you desire', **GALATIANS 5:16**.*

There are many significant incidents quoted in the Scriptures for the sake of our righteousness not to read the physical information that will surely end up in unrighteous acts. Let us see two of them.

- When Joseph was brought to Egypt by Ishmaelites, Potiphar, an officer in the King Pharaoh's ministry bought him. He treated Joseph kindly after reading him as the blessed one by God; now Satan entered into the mind of Potiphar's wife. She cast her eyes on Joseph and saw him as well built and handsome one.

Reading the physical information of Joseph troubled her mind and that made her mind lustful; so she had planned systematically to commit adultery with him. Indeed Joseph had to run out naked to save his spiritual life (**GENESIS 39:7, 13**).

- Here was another very important personality, who read the physical information of someone and committed adultery. King David was supposed to lead his army in the war against Ammonites, but he had sent his minister (Joab) with army and stayed back in Jerusalem. One fine evening, the mighty warrior got up and started watching through the balcony a lady, who was washing herself. When David was tempted by Satan, he just yielded under evil's pressure and committed a greater sin of his life (**II SAMUEL 11:2-4**).

*Reading the physical information of other human is temptation* and it will certainly end up in a physical related activity either self or with someone. The Scriptures say that both are unrighteous. However, we have received a legal accord from God Almighty to have a family, where husband and wife are the partners; they knowing each other is acceptable and brings honor to each other according to God's law (**GENESIS 4:1; MARK 10:6-9**). If we closely examine this accord, we may find that this agreement became essential after humans started reading their nudity because in order to bring morality (responsibility) in the society. God indeed had given a greater importance in the laws (received by Moses) for not reading any physical information of the fellow human beings (economic, profession, physical features etc).

## *2.2 Processing information (new/up-gradation)*

Since many of us are so much flesh centered (inclined), we used to get excited in our physical states (emotions), while reading new information (place/people/things). It is sad part that we are ignorant of the fact that reading the physical information of another person with a lustful mind is a sinful act. God does not say that we must close our eyes and walk around, which is impractical. God also does not say enjoying the beauty of nature and its wonders is bad; in fact interacting with the other person is humanity. *Christ Jesus says that we must love others as we love ourselves.*

### THEN, WHAT IS THE ISSUE AND WHO IS THE CAUSE?

The issue is in reading the intimacy of someone, which is inherent and implicit property of his/ or her. *In fact God did not permit Adam to know Eve intimately inside the Garden of Eden, even though she was given as his wife.* It was not an intended objective of human creation. It was Satan (God's enemy), who had motivated Eve's mind to read the physical information to have an excited feeling in flesh. She exactly felt the same way, as Satan expected (lustful feeling) in the Garden, while reading the physical beauty of the fruit. Yes, it had started with the fruit, but moved towards Adam later. Remember, both did not eat the fruit of good and bad simultaneously (**GENESIS 3:6**).

**The point of discussion is that when our mind reads the physical information of someone with an indented lustful motivation then instantly the physical states are excited.**

Obviously, every excitation (vibration) is associated with distinguished characters (feelings and emotions). God has legally permitted a man to read his woman and vice versa. Therefore, we must avoid carefully not processing someone's physical information.

### HOW TO AVOID READING PHYSICAL INFORMATION BEFORE PROCESSING BEGINS?

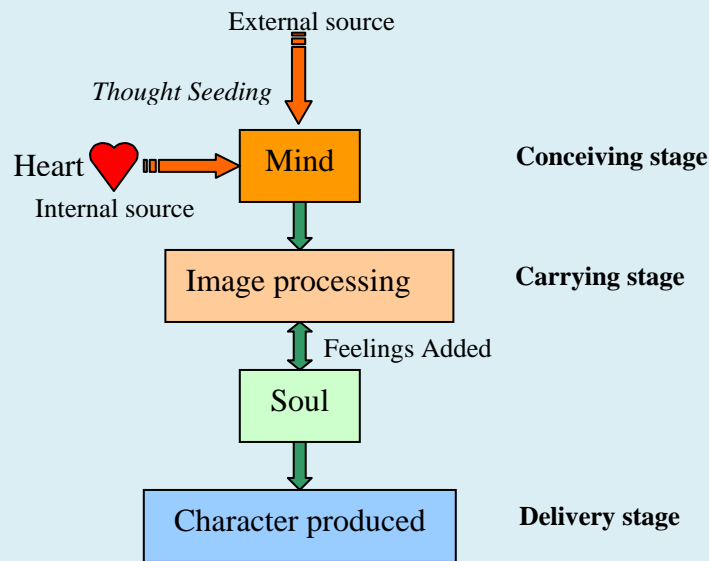
This is where God's word will protect us. Even if some images are flashed into our mind, we must carefully cast them down with the help of God's word. Once we start growing in our spiritual life, Holy Spirit (Counselor/Provider) will guide us. Initial times, we have to strongly place our faith in the word of God; also we must meditate on them periodically and of course fervent prayer will bring victory.

*'Let your eyes look straight ahead. Fix your gaze directly before you',* **PROVERBS 4:25**.

#### *2.2.1 Building images*

Image building is a private life, in which many virtual characters will be created by using virtual potentials. This is exactly the stage, when a seeded information or thought will be taking a shape. In fact this capability is the invaluable gift (likeness of God) given by God to humans for developing the righteous characters. However in order to build a

righteous image for a thought to develop a righteous character, first of all the seeded thought must be examined with respect to some standards. *As humans are only the creatures, they cannot have their own standards; unfortunately all over the world we are practicing man made standards (cultures, laws and civilizations).* We must realize a fact that our deeds based on our own standards will be subjected to judgment by God, the creator. The judgment becomes inevitable because God Almighty has got no role in these standards, which we have made for our life on the earth that belongs to Him. In fact while building images for the thoughts, few societies have gone so bad that even God never thought that the human system could think in such a mad way (JEREMIAH 32:34, 35).



### Character Development

In the thought life, building an image for a received thought (from external source) or developed thought (from heart) relatively takes more time rather than for seeding it into the mind. Actually while processing a thought, colorful shooting and dreamful imagination will add further enthusiasm to a lustful mind in order to build various characters for the proposed image. **Fantasy will impart the required physical taste to every image that is being built in a virtual environment (MIND).** The mind will induce the fascinated feelings as though they are practical. If someone starts liking this kind of environment, it becomes a habit that brings addiction into mind to repeat the action. Thus mind gets potentially spoiled to develop such fantasy in a regular phase or



period. For example, if a person builds an image for himself, thinking that others are respecting him for his intelligence (wisdom) or for his achievements, then it demands maintenance of the status; and expectation brings unnecessary pressure; once he becomes addicted to receive the respect from others, he will try to use the virtual potentials (proud, crookedness, cunningness, and shrewdness) to maintain his status and survival. This is the reason why the majority in India has strongly placed their faith on the virtual potentials to achieve the lustful desires.

If we refer to the character development picture, conceiving stage is the one where a human mind learns any new information. A right source of information provides a right opportunity. Humans are expected to build the image of God in their mind, which they had lost in the Garden of Eden. They cannot build God's image and likeness using their religious practices or sciences, which are observatory and received from the behaviors of non-living things, animals, birds, and sea creatures.

**God wants us to build images (executable characters) based on His words; they are well proven principles in heavens and written to work forever.**

### **3.0 Stability of Mind**

A dynamic system (Man/Woman) must be stable in order to produce the desired performance. In fact stability directly affects the equilibrium state of the system (Human life).

#### HOW DO WE UNDERSTAND THAT THE STABILITY OF MIND IS VITAL FOR HUMAN LIFE?

Stability of mind depends on holding promptly the faith or fear.

The mind can be set to the following two global equilibrium states (please refer to profile of mind).

- Peaceful state (Spiritual dynamic state)
- Pleasurable state (Physical dynamic state)

Dynamic state is a stationary condition (*stay tuned to a position*); if a time dependent system (characters change with respect to time) moves with a constant velocity (*stable thought life*) then it is said to be in dynamic equilibrium state (peaceful or harmony).

Even though our thought life is a random process (characters may change, according to situation or person), if the mind stays in peace then it can be set in a state of dynamic equilibrium (Spiritual dynamic state). We have stated here only the global equilibrium states (categories); under each of these two, we have got the real time images (**Eigen modes: behavioral aspects**). Every behavior (**reading, watching, laughing, and crying**) is an Eigen mode, which has been associated with properties such as frequency, amplitude, damping and phase. Section 3.2 explains in detail about these aspects. The spiritual images are produced in our mind, if we process any information in line with the word of God; on the other hand, the physical images are developed just by thinking opposite to the word of God (Flesh). **Faith produces truthful spiritual images; fear develops pseudo images of false worships that are body or flesh centred.**

Let us see the various parameters that affect this peaceful equilibrium state.

### *3.1 Stability parameters of mind*

- Faith
- Fear
- Thinking (positive or negative)
- Nature of information (good or bad)
- Environment or atmosphere (situation/ materials)
- Fellow humans (human circle)

Among these, faith or fear is the key element (catalyst), which decides predominantly the stability of mind. We must realize that faith develops due to the love we have for God Almighty and that love brings the peace into our mind. In contrast fear is coupled always with uncertainty. *God performs everything according to His words (principles); however Satan is not sure of which suggestion will work with whom; so he will bring various suggestions/probabilities into our mind.* A matured believer of Christ knows how to handle fear.

*'Holding fast to faith and having a good conscience. By rejecting and thrusting from them, some individuals have made shipwreck of their faith', I TIMOTHY 1:18, 19.*

If the faith in Christ Jesus is proper, then the mind will positively receive and assess any information. Let us look at people positively and also tackle the situation confidently. God, the father and our savior do not see any human as untouchable. *Jesus says that he will not reject anybody whoever comes unto him.* Christ Jesus is indeed faithful to His father, not with the sinner, who comes to Him because Christ believes that God's grace and mercy can change anybody.

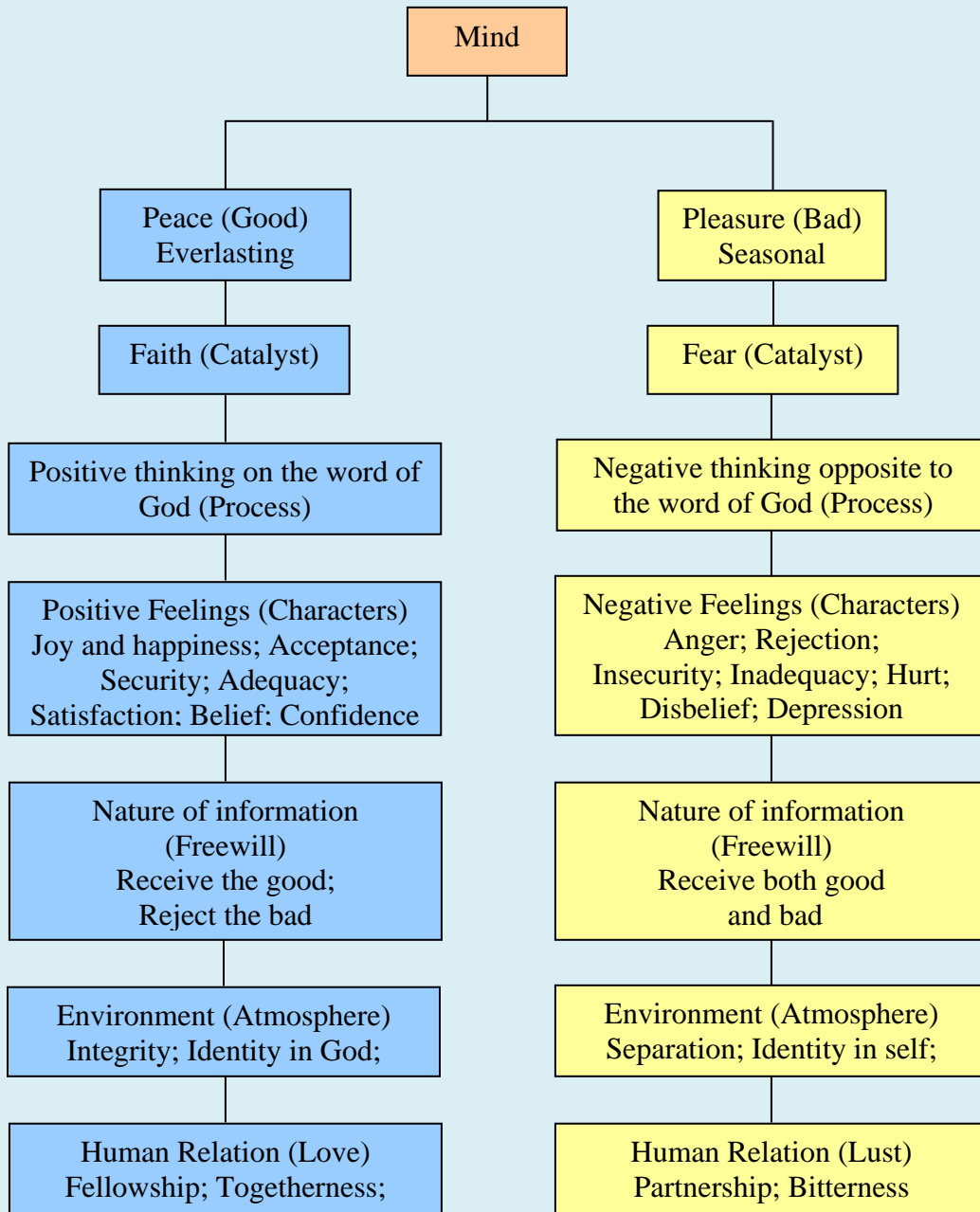
Let's take an example from the Scriptures to understand that faith is a parameter, which decides the stability of mind (**MATTHEW 14:28-31**). It is a famous quote used by many preachers to define the quality of faith. But we will examine the same with a different perspective. Once Jesus had asked His disciples to go first in a boat to the other side of the sea; indeed it was recorded that Jesus made them to go hurriedly.

After praying alone, Jesus walked over the surface of sea water to join with His disciples in the midnight. Here Christ Jesus was perfectly presenting a similar environment to the one, in which Holy Spirit was hovering over the surface of water in the beginning of creation (**GENESIS 1:1**). All the disciples were fearful, seeing someone walking over the water and approaching them; because they were in darkness. When, Jesus revealed himself physically to them, they became quite; but Peter could feel the light inside Jesus; remember while the Spirit of God was hovering over the formless earth, it was in darkness; but He had possessed light inside Him; He believed that the light inside Him would remove the darkness on the earth. Similarly, Jesus believed that His disciples had the required faith to believe that there was light in Him, which would remove the darkness from their mind.

Peter really took the initiative and asked Jesus to command him to do the same. **Faith originates with self motivation (Initiation)**. Jesus commanded Peter to walk over the water and reach unto Him. Indeed, Peter could walk on the water for a while but after moving some distance, began to sink. Many of us have got a faith similar to Peter.

*What was the cause for the failure of Peter's attempt?*

Peter was comfortable like others inside the boat. After seeing that Jesus could able to walk on the water, Peter was thrilled and really believed that he could do the same, if Jesus would say so. But others did not want to take any risk further. Peter made a good beginning; but he missed the target miserably.



**Profile of Mind**

*Stable Peter*: when Peter saw Jesus clearly as target (Son of God), he had faith to reach the destination (savior)

*Unstable Peter*: when he saw the disturbance (strong wind: evil) clearly, he had doubt to reach the destination (savior)

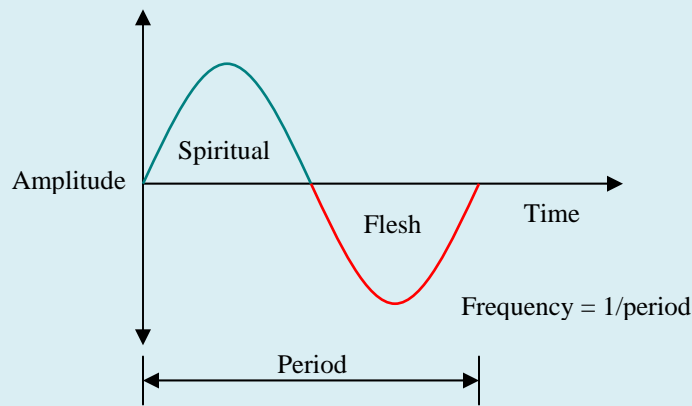
Peter started his journey spiritually (faith) but ended in flesh (fear); therefore, Jesus had to stretch out His hand to rescue Peter physically. *Mind decides every day's journey either to be fruitful or fruitless.* The same Peter after receiving Holy Spirit spoke so boldly and witnessed Jesus as Christ to those, who had indeed disliked Jesus. Maturity in faith is injected into our spiritual life through Spirit of God. **Matured faith brings victory in life but fear has the potential to destroy the peace.**

Thus, we can very well say, if our faith in Jesus Christ is strong then He will make our thinking positively by anointing us with the Spirit of God. The word of God will inspire us to have proper faith and the Spirit of God will guide us to taste victory in every single time. Always, it is better to develop a personal relationship with Father God in Jesus Christ rather than through humans. *God loves every one and Jesus did consider our life was more precious than His own on the cross.* What for? To have our relationship that is good news.

### *3.2 Feelings after processing thoughts*

Feelings are the flavors of characters. Every feeling is Eigen energy (equilibrium state of energy); for example if someone cries or shouts, it is a feeling, i.e. an outcome of mind processing a thought or information, in which a specified amount of energy is involved. Energy may be represented in signal form (refer to thought life cycle).

- **Frequency**: frequently considered issue/thought (seed)
- **Amplitude**: intensity of thinking/importance/value addition
- **Damping**: feeling of satisfaction or dissipation (vibratory senses to feel the pleasure, laughing loudly, watering from eyes and nose while crying, crying loudly etc); sound is a damping energy
- **Phase**: direction or movement of thinking (constructive/ or destructive)
- **Period**: duration of feeling (eternal or seasonal)



**Thought Life cycle**

For example, if we closely examine a person, who is crying, we may find the above mentioned parameters. Feeling is oscillatory in nature; it can tilt the mind either towards spiritual or flesh. Indeed, no body will cry without an issue and the intensity of crying depends on its value addition; of course every feeling got to dissipate. But the important aspect in the entire process lies with the phase information. This is where, the humans commit blunder. The phase of every feeling is decided based on word(s); because phase takes the mind to a destination, either constructively or destructively.

Jesus said once let the dead bury the dead. It does not mean that we should not cry for the dead person. It only says that crying should not lead to destruction of those who are still in their physical system. **Word decides the phase of a feeling; God has promised us that His words will stay forever.** Therefore, it's wise to follow His words while developing any feeling in our life. In every feeling both our spirit and flesh will be participating; and remember that they just act in the opposite way. If the period of feeling is seasonal, then the mind would like to have frequently such a feeling, either in virtual domain or physical domain (flesh); but it certainly produces the side effects. Any bad habit has its own problem. *Seasonal pleasures are not God given gifts to humans but man and woman willfully have chosen them for their life.* On the other hand, if the period of feeling is eternal (peaceful state), what God has offered to us, namely peace, joy, and happiness, then the mind will not excite the flesh. Let us understand that the spiritual

system (heart, soul, mind, and spirit) is truly the dynamic system but not the flesh. We had wrongly chosen a path in the Garden of Eden without realizing the consequences.

*What is the solution to this problem?*

Controlled pleasure (feeling of flesh) with a legal certificate (marriage) has been permitted by God, when humans chose a self-centered life. Remember God gave a spiritual partner (worship) to Adam; it was Adam, who had made the relationship physical. If a child enjoys playing a sport then the parents are happy; if a teen age boy/ or girl reads sincerely then the parents are very happy; similarly as the child of God if we trust on His principles and lead a life with controlled pleasure by maximizing peaceful state then God, the father is happy with us. Flesh is perishable, God knows; that's why we are given the gift of salvation (Christ Jesus), i.e. being with God, where sacrificed (baptized in water) and sanctified (anointed by Holy Spirit) personalities would live. St Paul wants everyone of us to be like him; but the world we live cannot support such a life easily; he therefore suggests us to get married in order to have a legal life with controlled pleasure (**I CORINTHIANS 7:9**).

If we excite our mind with more pleasurable information (opposite to spiritual) it will cause lot of troubles. Therefore, it is better to feed good information to maximize the spiritual life to have excited holy feelings. More the holy feelings, more the blessing will be in the spiritual life and that brings more closeness with God Almighty.

It's good to have good information; suppose, unknowingly if our mind had an encounter with bad information and the thought process was already on; now what one should do?

**When bad information is processed, fear takes a strong root in our mind.** In that case, we have already given Satan a free access into our thought life. It is better to follow King David's path; surrender unto the hands of God. Fasting and fervent prayer are the major resources, a believer can employ as the spiritual weapons against the devil to come out of such a situation. Most of the time, Satan will pretend as though he has nothing to do with

our sufferings. At this stage, let us understand a point clearly; if Satan does not interfere in our life then we will have no pains.

### *3.3 Conditionally Stable and Unconditionally Stable*

The spiritual life is built on faith. It is subjected to disturbances. Our enemy will make every possible attack (attempt) to destroy our special relationship with Jesus Christ, who is the source for everything to us.

*Why?*

Satan is exposed as a liar every time through the physical children of God; and in Jesus Christ further Satan and his demons are controlled and driven out of physical bodies; therefore Satan does not like the physical children of God; in fact he hates the physical system itself because Father God and Son of God have put their likeness and image in it and recognized it as a truthful worship place. As a result, Satan is inflexible on his stand to steal, kill and destroy the humans' souls (**JOHN 10:10**). *Satan's only motivation is to spoil the worship centre (physical body).*

Here are some of the issues which Satan used to bring as troubles in our life and we have definite answers to these from the Scriptures.

- **Our past history of sinful life** (one of Satan's major weapon)

God says in **JEREMIAH 31:34**: '**For I will forgive their iniquity and their sin will I remember no more**'. Therefore, it is simply Satan's ability to use our inability to forget the past in his favor, if our faith in Christ is not so strong.

- **Spiritual proud**

In **II CORINTHIANS 10:17, 18**, we read: '*But who boasts, let him boast in the Lord; for it is not he who commends himself who is approved, but whom the Lord commends*'.

The salvation is a free gift offered by Father God through His Son Christ Jesus and the spiritual blessings (praying in tongues/healing/revelation/other anointing) are to be used for the benefit of others. Jesus said in **MATTHEW 20:27, 28**: '*Whoever desires to be first among you shall be your bondservant, even as the Son of Man came not to be served, but to serve, and to give His life as a ransom for many*'.



- Finding fault with other believers/pastors/servants of God/churches/congregations /ministries

**MATTHEW 12:37** says: *‘For by your words you will be justified, and by your words you will be condemned’*. **EPHESIANS 5:4** reads as, *‘nor filthiness, nor foolish talking, nor jesting, which are not appropriate; but rather giving of thanks’*. Finally in **JUDE 16**, we have the clarity on this. *‘These are the murmurers and complainers, walking after their lusts (and their mouth speaks proud things), showing respect of persons to gain advantage.*

- Revealing the richness and comfort of non-believers

**PSALMS 73:18, 19** say clearly about the future of wicked people. *‘Surely You (God Almighty) set them (Non-believers) in slippery places. You (God Almighty) throw them down (Hell) to destruction (Eternal death). How they are suddenly destroyed! They are completely swept away with terrors (on God’s day).* Another verse (**ECCLES 2:26**) reads as: *‘For to the man who pleases Him, God gives wisdom, knowledge and joy; but to the sinner (non-believer) He gives travail, to gather and to heap up, that he may give to him who pleases God.*

- Trying to convince the believers that world can offer best things, which they can enjoy being the children of Christ

*‘Come out from among them, and be separate. Touch no unclean things. I will receive you. I will be to you a Father; you will be to me sons and daughters,’* says the Lord Almighty (**II CORINTHIANS 6:17, 18**).

- Spiritual twisting (wrong interpretation of God’s word)

*‘Beloved, don’t believe every spirit, but test the spirits, whether they are of God, because many false prophets have gone out into the world; by this you know the Spirit of God; every spirit that confesses that Jesus Christ has come in the flesh is of God; others are not,’* (**I JOHN 4:1, 2**).

- Spiritual jealousy

*‘There are various kinds of services, and the same Lord. There are various kinds of workings, but the same God, who works all things in all. But to each one is given the manifestation of the spirit for the profit of all* (**I CORINTHIANS 12:4-7**).

**Therefore, in totality, our mind becomes unconditionally stable if our faith in Jesus Christ is also unconditional; otherwise it will be conditionally stable.**

- **Practicing faith in Jesus Christ:** those who have constructed their house (spiritual) on rock (**MATTHEW 7:24, 25**); this is unconditional.
- **Preaching faith in Jesus Christ:** those who have constructed their house on sand (**MATTHEW 7:26, 27**); this is conditional.

Jesus Christ has clearly told us to follow His path, taking our cross; cross indicates His nature (unconditional faith on God's word).

- Being submissive to God (worship and serve God Almighty in Jesus name)
- Being obedient to God (humbleness)
- Being sincere to God's principles
- Being truthful to God's promises (total trust)
- Being blessing and peace to others (our surrounding)
- Being sacrificial for the benefit of others

Unconditional faith stabilizes the mind with the help of word of God, when it is disturbed by circumstances; but if the faith is conditional i.e. situation dependent, it will try to interpret things, which may lead to a troubled state of mind (unstable state). Unconditional faith is strongly supported by Holy Spirit; thus immediately He helps to come out of the disturbance caused by our enemy. On the other hand, if the situation does not favor the believer who has the conditional faith in Christ Jesus, he/or she may fumble and get into the trap of enemy.

### *3.4 Unstable states*

Fear is the seed to cause instability in the mind; it means Satan is the cause for the mind to develop unstable states.

- **Stage 1:** Seasonal pleasure
- **Stage 2:** Chaotic behaviors (refer to profile of mind)
- **Stage 3:** Depression
- **Stage 4:** Fear to live

The life may start very well with seasonal pleasure (dreams, fantasies, fun loving ideas etc); and slowly the developed habits will become characters (permanent); once the

lustful characters are produced, a fearless stage to God is reached. This life may appear colorful and wonderful initially. But the end point to this path is eternal death.

**Satan is scared of God Almighty. Satan is the fear because he is the source of fear.** If we examine people, who are leading a life away from God's principles, we find the following:

- Fearful physical life i.e. about death/illness/finance etc.
- Fearless to perform wicked acts

The children of God have certainty in every thing in Jesus Christ; victory is guaranteed. The basic issue with humans is obedience. Disobedience is the root cause for fear to get seeded in the mind (**GENESIS 3:10**). Today, many in the world are hiding their face to God, the creator; but they have forgotten that they are with a life eating wolf that is Satan, who has been already spiritually judged as untruthful to God's word; his (Satan) human children will be judged on God's day for developing these unstable states of mind (disbelief on God's word) during their physical stay.

- Pleasure is seasonal; it is flesh related and cannot ensure anything eternally; that's why God has permitted a life with controlled pleasure under legal agreement.
- Chaotic stage is due to unwarranted pleasure or excessive demand for seasonal pleasure.
- When the demand is not met, the mind goes to a depressive stage. No human can help this mind; psychiatrist only can diagnose this state, that too with a greater uncertainty.
- Jesus Christ is the solution to every human problem; He guarantees a stable mind irrespective of its original state.

### *3.5 Whose fault?*

- Being the designer, God Almighty did not want humans' to undergo greater sufferings (holy sacrifice); so He took our pains on the cross; humans chose the wrong path and permitted Satan & his demons to have free access to their mind; it was not God's plan. **So, whose fault is it?**

- God gave humans a wonderful opportunity to reject Satan in a simple way; therefore He created them in His image (Soul) and likeness (Spiritual) i.e. God in flesh state. Eve did not get the lustful feeling of the fruit until she permitted Satan's interaction. **So, whose fault is it?**
- Satan was a punished criminal and was on his way to be permanently sealed off inside hell; but Eve gave him a new life on the earth. **So, whose fault is it?**
- Satan was a former worship leader (Chief of Angels) of God Almighty before humans were created on this planet earth; **he was good until the iniquity was found in his mind (knowingly committing mistake)**; after that he became God's enemy and God had judged him righteously. Obviously, Satan is furious, spiritually jealous and envious about humans, who were created a level lower than angels (**PSALMS 8:5**) but as the glory of God with a highly respected job of heavens (worship & service). The devil is also worried about humans' relations with God Almighty. Eve and Adam knowingly had committed the blunder, following the devil's advice; the fruit of learning good and bad was prohibited to them by their creator. **So, whose fault is it?**
- Though God did not explicitly tell about Satan, He had indicated eternal physical life and death; what else the worship leader (Adam) was required to act righteously. Jesus Christ, the Son of God came to the world and preached about the eternal spiritual life and the eternal death; the children of Christ have been preaching this good news to all; but the humans do not show much interest on this life; they prefer indeed pleasure rather peace; unfortunately the so called religious Christians are also in that list. **So, whose fault is it?**

The humans have given permission to a chaotic fellow to interact with their mind, who knows only to destroy their peace. **The faith in Jesus Christ brings God's love that ensures peace of mind.** **JOHN 14:27** says that Jesus Christ has given His peace to all of us; if we put our trust on Him then we will have His peace, which directly connects us to the supreme authority, Father God.

## 4.0 Conclusion

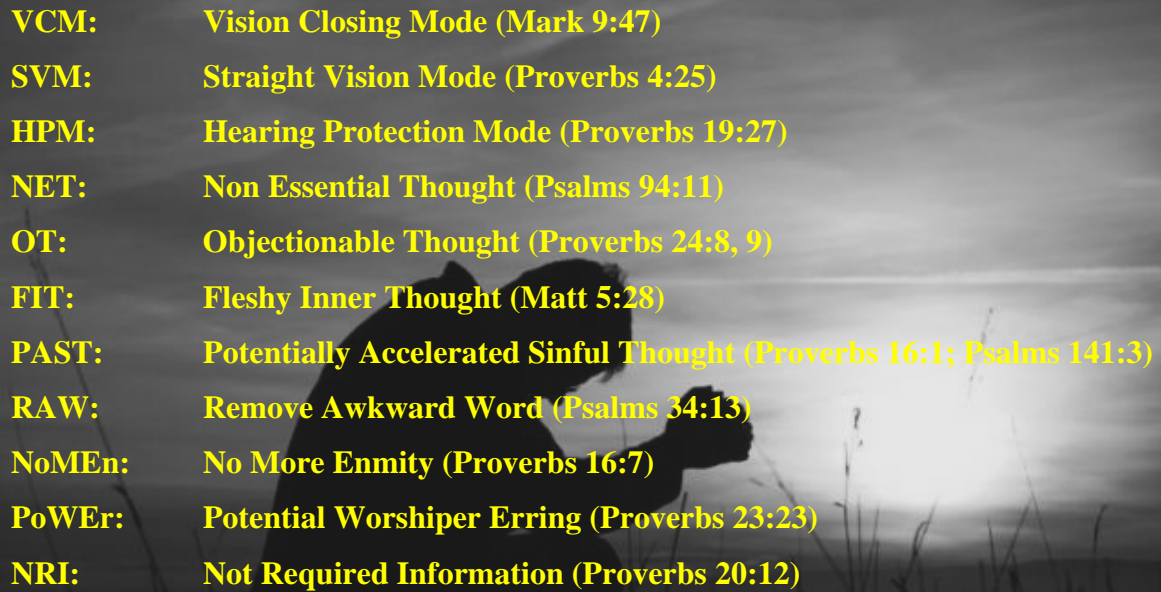
- We often say, '*mind your business,*' to the fellow humans, when they interfere in our affairs; but refused to take the same decision with the true evil, who has been behind all the unrighteous proceedings on the earth.
- '*Love others as you love yourself,*' is Jesus' royal command for humans; because He wants every human to realize that they have God's eternal spirit of life. Jesus had no issue like instability on His thought life because He always had honored His father in heavens, while being on the earth. Even at the last moment (Gethsemane) under a tremendous pressure from Satan, Jesus did not have a stability problem on His thinking but only was seeking the endorsement from His father. Jesus during His stay on this earth in flesh had a stable mind; that's why He calls us to follow His path to have a similar life, He possess.
- Mind is the spiritual eye to the thought life; if clarity presents in the mind then the heart will generate good thoughts and the soul will produce good characters; because the mind after all receives external information in addition to its responsibility to process the information of heart.
- In order for clarity to emerge, one needs to grow in faith with the word of God. Clarity brings stability. 'Christ is the clarity'; because He has been revealed as God's love and glory.
- Christ is God's grace and mercy, which are the fruits of God's love; we the Christians know about these but unless we practice His words (principles), we may not gain maturity in practicing His love. If we do not practice His love then there will not be any clarity in our mind about God's purpose in our life. Those who do not understand God's purpose in their life are pseudo Christians, who have no guarantee for the stability of mind.

Amen

Praise the Lord

## Appendix

### *Spiritual Exercise*



<b>VCM:</b>	<b>Vision Closing Mode (Mark 9:47)</b>
<b>SVM:</b>	<b>Straight Vision Mode (Proverbs 4:25)</b>
<b>HPM:</b>	<b>Hearing Protection Mode (Proverbs 19:27)</b>
<b>NET:</b>	<b>Non Essential Thought (Psalms 94:11)</b>
<b>OT:</b>	<b>Objectionable Thought (Proverbs 24:8, 9)</b>
<b>FIT:</b>	<b>Fleshy Inner Thought (Matt 5:28)</b>
<b>PAST:</b>	<b>Potentially Accelerated Sinful Thought (Proverbs 16:1; Psalms 141:3)</b>
<b>RAW:</b>	<b>Remove Awkward Word (Psalms 34:13)</b>
<b>NoME:</b>	<b>No More Enmity (Proverbs 16:7)</b>
<b>PoWE:</b>	<b>Potential Worshiper Erring (Proverbs 23:23)</b>
<b>NRI:</b>	<b>Not Required Information (Proverbs 20:12)</b>